



Annual General Meeting

June 13, 2023

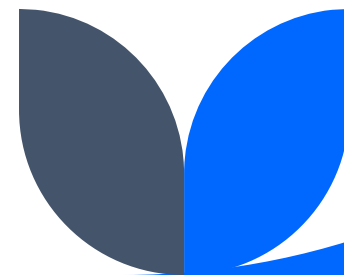
Director of Operations Report
Christine Nusca

Overview

This past year Hamilton Jewish Family Services has been busy.

With the decrease of covid restrictions, we were able to have clients and seniors return to JFS.

The halls are alive with the sound of voices once again!



- Under the leadership of Heather McLean, we had our first staff retreat which was held at Dundas Museum. This was time for staff to re-connect in person after being distance by COVID.
- Going forward we achieved a 50% reduction in operating costs by switching IT providers. We thank Arie Pekar from Modern Telecom and Kelly Chan from Alliance computers and the patience of the staff during this switchover
- Data Metrics was implemented in order to report more accurately the impact of our services.

Fundraising Highlights



After two years of virtual fundraisers in support of Carol's Cupboard, we opened our doors for "Bring Back the Magic". And bring back the magic we did. Over 100 people attended this event and we surpassed our goal of \$36,000 to over \$50,000 for the Kosher Food Bank.



To bring awareness and support our mental health program, each May we hold a "**Mental Health Champion**" fundraising campaign. This year we doubled what we raised last year. \$3000 will be directed to our mental health services.

**Thank you to our donors and supporters.
You do make a difference!**

Grant Highlights



Enabling Accessibility Fund

Approved for \$67,110 to bring to code our accessible washroom. Additional grab bars, along with the installation of a power door with emergency button.



New Horizons Grant

Approved for \$25,000 – Funds from this grant will provide IT training to seniors to facilitate access to social media, emails, and the internet. Program is geared to new users. A tablet will be provided to participants and at completion of course, participants keep the tablet.



Hamilton Community Foundation - Doughter Fund

Approved for \$15,000 to support seniors struggling with mental wellness to have access to individual counselling.



Community Services Recovery Fund

Approved for \$91,617.06 to develop new strategies and adaptations to programs in order to maintain the present level of service delivery and to prepare for anticipated increases in demand.

Programs and Services

Senior Services

Friendship Club is held every morning. This is a chance for seniors to socialize, enjoy a meal, participate in exercise programs, bingo and ESL is offered to participants.

Kibitz Corner, a telephone based program is also being offered on a regular basis. Computer with Amy and Monday Bingo has resumed.

The services we provide have made a significant impact on the quality of life and overall well-being of seniors that participate in these programs.

Mental Health Services

Mental health support continues to be in demand. Close to 1000 hours of counselling was provided last year. Both counselling and therapy sessions are provided in house and by Zoom. A Friendly Caller program was started last year which has proved to very successful. Volunteers are always needed for this program.





Thank you

-- Christine